

HUGO D. RIBOT JR., M.D., F.A.C.O.G.
D. MALCOLM BARFIELD, D.O., F.A.C.O.G.

PRE-OPERATIVE INSTRUCTIONS

Date: _____

Dear _____,

Your surgery has been scheduled at the Georgia Advanced Surgery Center for Women on _____/_____/_____ at _____am/pm.

All patients are required to arrive at the surgery center one hour prior to surgery. If you are unable to arrive at this time your surgery may be delayed or rescheduled for another day. Also, please note that your surgery time could be subject to change. Our office or the surgery center will notify you, if this should happen.

Pre-operative testing must be done prior to your surgery:

- You will usually have your blood work done at our office (Suite 102 in the same building as the surgery center). The laboratory testing will be performed at either Quest Diagnostics or LabCorp. Occasionally, for example, if the surgery will be performed on the same day that you are seen for the first time, and results are needed STAT, the lab tests may be done at Cartersville Medical Center, which is on the same campus as our office and surgery center.
- You will need a complete blood count (CBC) and beta hCG (pregnancy test, which is omitted if you have gone through menopause or have had a hysterectomy). Additional testing may be required depending on your medical history. See below if you require additional tests.
- If checked, you will need the following test(s). Enclosed you will find orders to take with you to the hospital or doctor's office. If you are having these tests done at the hospital, we will fax the orders directly to the hospital.
 - _____ Chest X-Ray
 - _____ EKG
 - _____ Medical clearance from your primary care physician
 - _____ Cardiac clearance from your cardiologist
 - _____ Blood work

Preparation for surgery:

- Do not take any aspirin or over the counter products which contain aspirin 1 week prior to surgery. This includes Plavix and any blood thinners. You may take Tylenol only. If you are taking Phentermine or other appetite suppressants, these must also be discontinued 1 week before your surgery.
- If you take medication daily, please check with your prescribing physician for instructions on whether to stop or continue to take them the day of surgery. Medication taken the day of surgery can be taken with a SIP of water that morning.
- No smoking the day of surgery.
- Wear comfortable loose clothing.
- If your procedure requires a bowel prep, you may have solid food up until you start the prep. Once started, you may only have clear liquids up until 6 hours before your procedure.
- If you DO NOT require a bowel prep, have nothing to eat after midnight but you may have clear liquids up until 4 hours before your procedure.

Regarding bowel prep:

- _____ Your surgery does not require bowel prep.
- _____ Your surgery requires a bowel prep to cleanse your bowel.
- Please see the attached instructions for the bowel prep. Once you start your bowel prep, do not eat any solid foods. You can drink only CLEAR liquids during this time (such as cranberry juice, tea, Jello, etc.) You can expect frequent trips to the bathroom once you begin your bowel prep.

The day of the procedure:

- Be assured that every effort is made on the part of the surgery center team to ensure your surgery begins at the scheduled time. However, your surgery may be delayed as a result of a hospital emergency, or because of commonly encountered variations in the length of certain procedures due to unanticipated findings. Please bring reading material or other things to help pass the time while you wait. For your convenience, the center features cable TV, as well as wireless internet (WiFi) for your laptop or other Internet-enabled devices such as iPhones or other smartphones.
- All patients are required to have an escort home after surgery.
- Family members waiting in the surgical waiting room will be notified by the staff when surgery is complete. Shortly after, the doctor will go over the results of the surgery and discuss any special findings or postoperative instructions. Please be ready to provide an email address in case the patient wishes to view photos of her surgical procedure afterward. You will be provided with instructions on how to access and view any surgical photos.
- If you have any questions about your surgery, pre-operative instructions or preparations, please contact the surgical center team at 678-605-9399 (ask for Kristi Plank) or 770-386-4824 (ask for Shelley Caldwell). For scheduling questions only, contact Belinda Darnell at 678-605-9372.